

## A phase II trial of modified weekly irinotecan and cisplatin for chemotherapy-naïve patients with metastatic or recurrent squamous cell carcinoma of the esophagus

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### Abstract

**Purpose** This phase II study assessed the efficacy and toxicity profile of a modified weekly irinotecan and cisplatin for chemotherapy-naïve patients with metastatic/recurrent esophageal squamous cell carcinoma (SQCC).

**Methods** The eligibility criteria included histologically confirmed esophageal SQCC, no prior chemotherapy, adequate organ functions and written informed consent. Patients received irinotecan 65 mg/m<sup>2</sup> plus cisplatin 30 mg/m<sup>2</sup> on days 1 and 8, every 3 weeks.

**Results** Thirty-two patients were assessed for response and toxicity. Ten patients achieved a partial response (31.3%; 95% CI, 16.0–50.0%). With a median follow-up of 19.0 months, median progression-free and overall survival was 4.4 and 9.6 months, respectively, with a 1-year survival rate of 27.4%. Grade (G) 3/4 neutropenia was observed in 50.0% of the patients, which was the most common cause of dose reduction or therapy delay. G3 non-hematologic toxicity included seven (21.9%) asthenias, four (12.5%) diarrheas, and one (3.1%) nausea/vomiting, but no G4 non-hematologic toxicity was observed.

**Conclusions** This modified weekly irinotecan and cisplatin failed to ameliorate hematologic toxicity and to improve efficacy. However, easy administration and favorable non-hematologic toxicity as well as modest anti-tumor

activity against metastatic or recurrent esophageal SQCC can make this regimen a potential treatment option, given the complexity of administration and toxicity of conventional infusional 5-FU and cisplatin.

**Keywords** Irinotecan · Cisplatin · Esophageal squamous cell carcinoma · Modified schedule

### Introduction

The prognosis of the patients diagnosed with esophageal cancer is poor with a 5-year-survival rate of less than 15%, in general. At the time of diagnosis, around 80% of the patients already have locally advanced or metastatic disease and approximately 80% of them will die within 1 year. To make it worse, about 85–90% of patients undergoing curative resection for their early-staged disease eventually die of recurrent disease [1]. The combination of cisplatin and continuous-infusion of 5-fluorouracil (5-FU) has been regarded as the standard regimen for squamous cell carcinoma of the esophagus, with a 15–45% response rate in metastatic disease. However, median duration of response is generally short and median survival is only 6–10 months [2], and intravenous infusion schedule of 5-FU often require long-term hospitalization or central venous access and use of an infusional pump if therapy is to be administered as an outpatient. Protracted oral administration of 5-FU prodrugs, such as UFT, capecitabine, and S-1, may be preferable to the patients, but there is as yet not much evidence that these agents have enhanced activity [4, 5].

Among the newer agents, such as taxanes, vinorelbine, and irinotecan, which have shown activity as a single agent [6–8], irinotecan when combined with cisplatin showed very promising activity, particularly against squamous cell

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carcinoma of the esophagus [9]. Furthermore, its 4-week on and 2-week off schedule is more useful due to easy administration at outpatient clinics. However, 66% of patients receiving this regimen experienced either delay of treatment by 1 or 2 weeks or shortening of a treatment to 3 weeks from 4 weeks mostly due to hematologic toxicity, leading us to develop a modified schedule to reduce hematologic toxicity and to improve delivery of treatment. Therefore, we conducted phase II trial of a modified 2-week on and 1-week off schedule of irinotecan and cisplatin to determine its toxicity profile and efficacy in chemotherapy-naïve patients with metastatic or recurrent squamous cell carcinoma of the esophagus, postulating that this modified schedule might reduce hematologic toxicity and improve delivery of therapy, but preserve the antitumor activity of a 4-week and 2-week off schedule.

## Methods

### Eligibility criteria

Patients with metastatic or recurrent squamous cell carcinoma of the esophagus that had been histologically confirmed were eligible. Additional criteria were as follows: (1) age of 18–75 years, (2) Eastern Cooperative Oncology Group (ECOG) performance status of 0–2, (3) bi-dimensionally measurable lesion(s) on computed tomography scan, (4) adequate bone marrow, hepatic, and renal functions, defined as WBC  $\geq 3,000/\text{mm}^3$ , neutrophils  $\geq 1,500/\text{mm}^3$ , platelets  $\geq 100,000/\text{mm}^3$ , hemoglobin  $\geq 10 \text{ mg/dl}$ , alanine aminotransferase or aspartate aminotransferase  $\leq 2.5$  times the upper normal limit, serum bilirubin  $\leq 1.5 \text{ mg/dl}$ , and serum creatinine  $\leq 1.5 \text{ mg/dl}$ , (5) neither prior chemotherapy nor molecular-targeted therapy, and (6) no prior radiotherapy to measurable lesion(s) but previous surgery and/or chest radiotherapy for the primary lesion is allowed. Written informed consent approved by the Institutional Review Board of National Cancer Center was obtained from all patients prior to commencing treatment. The study followed the Declaration of Helsinki and good clinical practice guidelines.

### Treatment plan and response evaluation

Treatment consisted of irinotecan  $65 \text{ mg/m}^2$  and cisplatin  $30 \text{ mg/m}^2$  given weekly for 2 weeks followed by 1-week rest period at outpatient clinic, and was repeated every 3 weeks until disease progression, unacceptable toxicity or patient's refusal. Prior to study entry, all patients provided a complete history including performance status and concomitant medication, and underwent a physical examination. Laboratory studies included a complete blood count with differential, liver and renal function tests, and urinalysis.

A chest computed tomographic scan including upper abdomen was required within 4 weeks of initiation therapy.

Dose modification for toxicity was based on worst toxicity observed after the preceding treatment; in the presence of multiple toxicities, the specified greater dose reduction was implemented. Full dose therapy was given if patients had an absolute neutrophil count (ANC)  $\geq 1,500/\text{mm}^3$ , platelets  $\geq 75,000/\text{mm}^3$ , and no grade 2 or more non-hematologic toxicity. Patients who had an ANC  $\geq 1,000/\text{mm}^3$  but  $<1,500/\text{mm}^3$ , or platelets  $\geq 50,000/\text{mm}^3$  but  $<75,000/\text{mm}^3$ , or experienced grade 2 toxicity continued on therapy but were reduced by one dose level (to irinotecan  $55 \text{ mg/m}^2$  and cisplatin  $20 \text{ mg/m}^2$ ). If patient could not receive treatment on day 8, one evaluated again on day 10 and resumed the treatment as per above. If ANC  $<1,000$ , or platelet  $<50,000$  or grade 3 or 4 toxicity on day 10, the treatment was omitted. Treatment could be delayed for up to 2 weeks to allow a patient sufficient time to recover from therapy-related toxicity.

All patients were routinely given oral alkalization and defecation control treatment to prevent irinotecan-induced diarrhea starting on the first day of irinotecan infusion and for a total of 4 days, which consisted of sodium bicarbonate  $500 \text{ mg}$  and magnesium oxide  $500 \text{ mg}$  after every meal and before bed time for a total of four doses a day; ursodeoxycholic acid  $100 \text{ mg}$  after every meal for three doses a day; and basic water (pH greater than 7.2)  $1,500\text{--}200 \text{ ml}$  for a day. In order to prevent constipation and permit defecation at least once a day, all patients were given magnesium oxide up to a total dose of  $4,000 \text{ mg/day}$  and basic water up to a total dose of  $2,000 \text{ ml/day}$ , but those who experienced watery diarrhea discontinued till the symptom resolved [10]. Cholinergic symptoms that occurred during or within 1 h after irinotecan administration were treated with atropine  $1 \text{ mg}$  or as needed. Loperamide was provided as therapy for delayed diarrhea with the instruction that at the first indication of diarrhea (i.e., first poorly formed or loose stool or first episode of one to two or more bowel movements than usual in a day) that occurred more than 12 h after irinotecan administration, a patient begins to take loperamide in the following manner:  $4 \text{ mg}$  at the first onset of diarrhea, then  $2 \text{ mg}$  every  $2 \text{ h}$ , round the clock until diarrhea stops for at least 12 h.

The primary end point of the study was objective tumor response rate, which was assessed according to the WHO criteria after every three cycles by computed tomography scans [11]. Complete response (CR) involved the complete disappearance of all clinical and radiologic evidence of disease. Partial response (PR) was defined as a decrease of at least 50% in the sum of the products of the maximal perpendicular dimensions of measurable lesions without the appearance of any new lesions or progression of any existing lesions. Progressive disease (PD) was defined as

any of the following; a  $\geq 25\%$  increase in the sum of the products of all measurable lesions, the appearance of new lesions, progression of any existing lesions, or failure to return for evaluation because of deterioration. Stable disease (SD) was defined as a tumor response that did not meet the criteria for CR, PR, or PD. Patients were evaluated for toxicity using the National Cancer Institute Common Toxicity Criteria version 2.0 [12].

#### Statistical consideration

Simon's two-stage mini-max design was used to determine the sample size and decision criteria for this phase II study [13]. With the target activity level of 50% and the lowest RR of interest set at 25%, we needed 33 patients with a 90% power to accept the hypothesis and a 5% significance level to reject the hypothesis. If four or fewer responses in the first 16 patients are observed, the study is stopped early. If 12 or fewer responses are observed by the end of the study, no further investigation of the drug is warranted. The overall response rate was calculated using all enrolled patients, and a 95% confidence interval (CI) was calculated using exact methods. Duration of response for responders was defined as the interval between the date of documented response and the date of documented disease progression. Progression-free survival was defined as the interval between the date of start of the treatment and the date of documented disease progression or death from any cause. Overall survival was also defined as the interval between the date of start of the treatment and the date of death due to any cause. If a patient was lost to follow-up, that patient was censored at the last date of contact. All time-to-event variables were analyzed using Kaplan–Meier product-limit survival estimates. Dose intensity was calculated using the method of Hryniuk and Bush [14]. Data were updated as of September 30, 2006.

## Results

#### Patient characteristics

Between June 2003 and June 2006, a total of 32 patients were enrolled and the patients' characteristics are shown in Table 1. Ten patients had received prior curative surgery and of these, three patients received radiotherapy to chest as post-operative adjuvant therapy (2) and curative therapy for local recurrence (1).

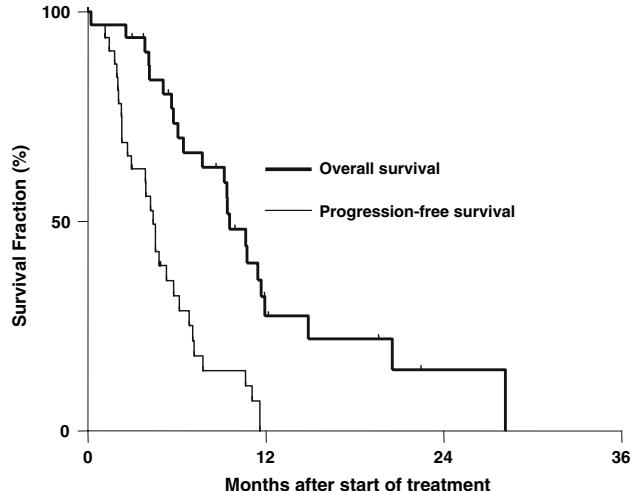
#### Objective responses and survival outcomes

Of the 32 assessable patients, 10 achieved objective responses (all PR) for an overall response rate of 31.3% (95% confidence interval [CI], 16.1–50.0%) (Table 2). The

**Table 1** Patients' characteristics

Characteristic	No. of patients	%
Total patients	32	
Age (years)		
Median	64	
Range	44–72	
Sex		
Male	31	(96.9)
Female	1	(3.1)
ECOG status		
Grade 0	10	(31.3)
Grade 1	19	(59.4)
Grade 2	3	(10.3)
Prior therapy		
No prior therapy	22	(68.8)
Prior surgery	10	(31.3)
Prior chest radiotherapy	3	(6.9)

median duration of response was 5.3 months (95% CI, 3.6–7.0 months). With a median follow-up time of 19.0 months, the median progression-free survival and survival time was 4.4 and 9.6 months, respectively, with a 1-year survival rate of 27.1% (95% CI, 10.2 to 44.8%) (Fig. 1).



**Fig. 1** Progression-free and overall survival. Tick marks indicate censored data

**Table 2** Best overall tumor response according to WHO Criteria

Response	No. of patients	% (95% CI)
PR	10	31.3 (16.1–50.0)
SD	11	34.4 (18.6–53.2)
PD	11	34.4 (18.6–53.2)
Total	32	100

## Treatment cycles administered

Table 3 lists the number of treatment cycles delivered. A total of 167 cycles was administered with the median of 5 cycles, (range 1–12 cycles). Dose reduction and therapy-delay occurred in 30 cycles (20.0%) and 68 cycles (40.7%), respectively, mainly due to hematologic toxicity. The median dose intensity was 34.4 mg/m<sup>2</sup>/week (79.4% of planned dose of 43.3 mg/m<sup>2</sup>/week) for irinotecan and 15.4 mg/m<sup>2</sup>/week (77.1% of planned dose of 20.0 mg/m<sup>2</sup>/week) for cisplatin, respectively. The main reason for discontinuation of treatment was disease progression (75.0%), but 7 of 19 patients receiving more than four cycles had to discontinue

**Table 3** Treatment administration and reasons for discontinuation

Variables	No. of patients (n = 32)	(%)
No. of cycles delivered		
1	1	3.1
2	3	9.4
3	9	28.1
4	3	9.4
5	2	6.3
6	10	31.2
9	2	6.3
11	1	3.1
12	1	3.1
Reasons for treatment discontinuation		
Under treatment	1	3.1
Disease progression	24	75.0
Toxicity	7	21.9

**Table 4** Toxicity profile

Adverse effect	Grade 0	Grade 1	Grade 2	Grade 3	Grade 4
Hematologic toxicity—no. of patients (%)					
Leukopenia	3 (9.4)	11 (34.4)	10 (31.3)	6 (18.8)	2 (6.3)
Neutropenia	2 (6.3)	2 (6.3)	12 (37.5)	10 (31.3)	6 (18.8)
Anemia	1 (3.1)	6 (18.8)	15 (46.9)	9 (28.1)	1 (3.1)
Thrombocytopenia	15 (46.9)	11 (34.4)	4 (12.5)	2 (6.3)	0 (0.0)
Non-hematologic toxicity—no. of patients (%)					
Asthenia	2 (6.3)	8 (25.0)	15 (46.9)	7 (21.9)	0 (0.0)
Alopecia	10 (31.3)	12 (37.5)	10 (31.3)	–	–
Anorexia	7 (21.9)	11 (34.4)	14 (43.8)	0 (0.0)	0 (0.0)
Constipation	24 (75.0)	4 (12.5)	3 (9.4)	1 (3.1)	0 (0.0)
Diarrhea	13 (40.6)	14 (43.8)	1 (3.1)	4 (12.5)	0 (0.0)
Nausea/vomiting	10 (31.3)	12 (37.5)	9 (28.1)	1 (3.1)	0 (0.0)
Elevated AST/ALT	24 (75.0)	7 (21.9)	1 (3.1)	0 (0.0)	0 (0.0)
Elevated bilirubin	27 (84.4)	2 (6.3)	3 (9.4)	0 (0.0)	0 (0.0)
Elevated creatinine	20 (62.5)	11 (34.4)	1 (3.1)	0 (0.0)	0 (0.0)
Febrile neutropenia	29 (90.6)	–	–	3 (9.4)	–
Neuropathy	23 (71.9)	7 (21.9)	1 (3.1)	1 (3.1)	0 (0.0)

treatment due to toxicity, mainly prolonged hematologic toxicity.

## Toxicity

Toxicity profile for all 32 patients is shown in Table 4. Sixteen patients (50.0%) experienced grade 3 or 4 neutropenia, although only three patients (9.4%) had febrile neutropenia requiring hospitalization. Grade 3 diarrhea occurred in four patients (12.5%). One patient died of tumor bleeding after receiving treatment on day 1 of the first cycle, which was not deemed treatment-related death.

## Salvage chemotherapy on progression

Of the 30 patients who had disease progression, 18 received second-line chemotherapy after first-line irinotecan/cisplatin therapy. The second-line chemotherapy regimens administered included taxanes or 5-FU agents, or combination of both agents. One patient received gefitinib, but did not respond to it. Two (14.3%) of 14 evaluable patients responded to second-line chemotherapy, while seven patients receiving third- and fourth-line chemotherapy did not respond to chemotherapy at all.

## Discussion

Disappointingly, our modified 2-week on and 1-week off schedule of weekly irinotecan and cisplatin failed to ameliorate the hematologic toxicity and to improve delivery of therapy and survival outcome, compared with

**Table 5** Comparison of different doses and schedules of Irinotecan and Cisplatin

Study	Tumor	Objective tumor response	G3/4 neutropenia	G3/4 diarrhea
Ilson et al. [9] Irinotecan 65 mg/m <sup>2</sup> D1,8,15,22 cisplatin 30 mg/m <sup>2</sup> D1,8,15,22 Q 6 weeks	Esophageal cancer	20/35 (57%)	14/31 (46%)	4/30 (11%)
Ilson et al. [15] Irinotecan 65 mg/m <sup>2</sup> D1,8 cisplatin 30 mg/m <sup>2</sup> D1,8 Q 3 weeks	Esophageal cancer	10/28 (36%)	8/31 (22%)	7/31 (19%)
Lee et al. (Current) Irinotecan 65 mg/m <sup>2</sup> D1,8 cisplatin 30 mg/m <sup>2</sup> D1,8 Q 3 weeks	Esophageal cancer	10/32 (31%)	16/32 (48%)	4/32 (12%)
Noda et al. [16] Irinotecan 60 mg/m <sup>2</sup> D1,8,15 cisplatin 60 mg/m <sup>2</sup> D1 Q 4 weeks	Small cell lung cancer	65/77 (84%)	49/75 (65%)	12/75 (16%)
Pozzo et al. [17] Irinotecan 200/m <sup>2</sup> D1 cisplatin 60 mg/m <sup>2</sup> D1 Q 3 weeks	Gastric or gastro–esophageal junction cancer	18/72 (25%)	46/72 (66%)	13/72 (18%)
Han et al. [18] Irinotecan 80 mg/m <sup>2</sup> D1,8 cisplatin 60 mg/m <sup>2</sup> D1 Q 3 weeks IP; irinotecan first given PI: CDDP first given	Non-small cell lung cancer	36/77 (47%) IP;5/38 (39%) PI; 21/39 (54%)	58/80 (72%) IP;30/39 (77%) PI;28/41 (69%)	21/80 (26%) IP;12/39 (31%) PI;9/41 (22%)

4-week on and 2-week off schedule. Other trials of different doses and schedules of both agents also showed similar toxicity profile (Table 5) [9, 15–18]. In addition, the trials of docetaxel and irinotecan combination showed a similar result that the weekly schedule appears less active than the every three-week dosing schedule [19, 20]. Therefore, further trials to find the optimal dose and schedule of irinotecan and cisplatin combination seem unlikely to exceed the limit that can be achieved in the current study.

In the current study, we observed modest anti-tumor activity with a response rate of 31.3% and median survival of 9.4 months, which was comparable to most commonly used 5-FU and cisplatin combination with response rates of 20 to 50% and median survival of 6 to 8 months, although this was a single institution phase II study in which patient selection might play a significant role [21–23]. Despite a 50% rate of grade 3 or 4 neutropenia, febrile neutropenia occurred in less than 10% and our modified irinotecan and cisplatin combination had favorable non-hematologic toxicity profile. In terms of the dose-intensity, we could also reduce starting dose of therapy in an attempt to ameliorate further toxicity, especially for those who had poor performance or comorbid disease. Of note, grade 3 diarrhea developed in only four patients

(12.5%), which might be partly due to routine oral alkalinization and defecation control, and the routine anti-diarrheal medications can be more beneficial to prevent irinotecan-induced diarrhea.

Multimodality therapy has been employed for treatment of locally advanced esophageal cancer. And, molecularly targeted therapies, such as angiogenesis inhibitors or epidermal growth factor receptor blockers, have already entered clinical practice based on their favorable toxicity profile as well as anti-tumor activity. Although, no randomized trials are available, this regimen also showed promising results, when combined with not only radiotherapy [24–27] but also molecularly targeted drugs [28, 29]. Therefore, this regimen can be used at outpatient clinic in conjunction with radiotherapy, molecularly targeted agents, or both.

In conclusion, this modified weekly irinotecan and cisplatin combination chemotherapy failed to ameliorate the hematologic toxicity and to improve efficacy, but still had modest anti-tumor activity and survival outcome comparable to that of current chemotherapeutic regimens. In addition, considering better non-hematologic toxicity profile and easier administration at outpatient clinic, we can use this regimen as one of the treatment options in patients with metastatic or recurrent squamous cell carcinoma of the esophagus.

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